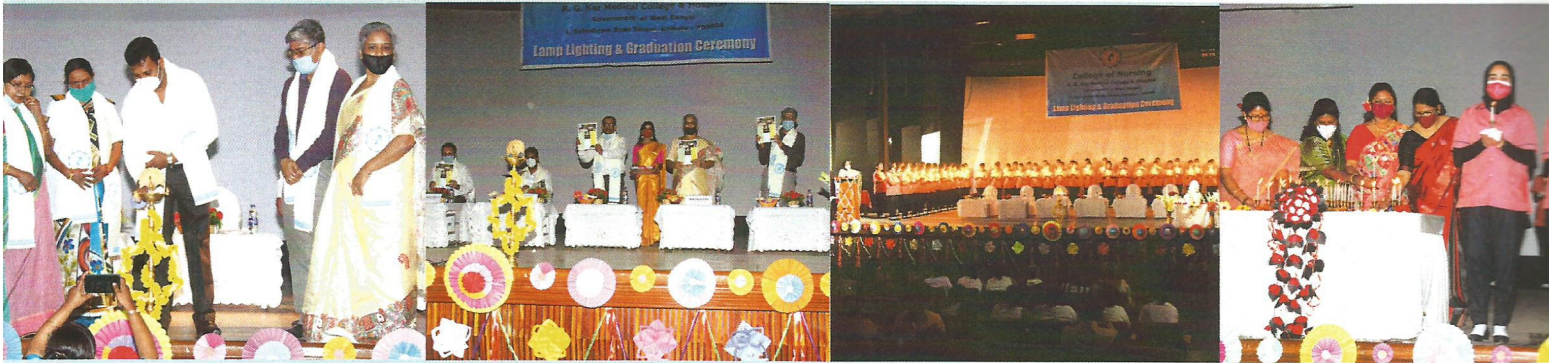


CONRGK NEWS

College of Nursing, R.G.Kar Medical College & Hospital

1, Kshudiram Bose Sarani, Kolkata - 700 004



FROM THE DESK OF PRINCIPAL

“A Nurse is one who opens the eyes of a newborn and gently closes the eyes of a dying man. It is indeed a high blessings to be first and last to witness the beginning and end of life.”

Nursing is considered as a noble as well as dynamic and challenging profession owing to the care and empathy with greater understanding for all human beings regardless of any dissonances. The multiple roles and functions played by nurses are particularly important during this COVID-19 pandemic.

WHO recognizes the vital role that nurses play in primary health care delivery worldwide – including research, disease prevention, treating the injured, palliative care and more.

Nursing Education is empowering nurses to shoulder the responsibilities and to keep them updated for academic excellence along with all-round development.

The College of Nursing, R. G. Kar MCH was established in the year 2008 to offer B.Sc. Nursing Course with 50 intake under the W.B.U.H.S. We have started Post Basic B.Sc. Nursing and M.Sc. Nursing course with specialization in Obstetrics and Gynaecological Nursing, Child Health Nursing, Mental Health Nursing in 2016. In 2019, 5 students from P. M.S.S. of Jammu & Kashmir are introduced in B.Sc. nursing Programme and seat enhanced to 65; Post Basic B.Sc. Nursing intake increased into 60 per year and M.Sc Nursing seats are also enhanced to 25 with two more specialities i.e. Medical Surgical Nursing and Community Health Nursing. In the last academic year the seats of B.Sc. Nursing are enhanced to 80 and M.Sc. Nursing to 30 seats. This year PMSS seats are enhanced to 08.

We organize workshop, debate, seminar, quiz contest, field trips, in-service education, educational excursion and games and sports along with the regular classes and clinical experiences.

The College has developed its infrastructure including accessing internet at library, gym organizing counseling session for stress management and relaxation on continuous basis specially for the new students. Different Committees are formed to cater the need of the students.

We feel pleased to publish the newsletter on the occasion of 10th Lamp Lighting and Prize Distribution and convocation Ceremony on 25 th March 2022.

I congratulate the newly admitted students for choosing the profession and all graduates for their achievements.

Ms. Pranati Pal
Principal

COLLEGE HIGHLIGHTS

Philosophy

The Institution believes that

1. Nursing courses are designed to prepare skilled nurses to provide holistic care to individual family as well as community.
2. Nursing Curriculum are based on educational principles.
3. Nurses will develop leadership and managerial skills in every aspect of health care.

Physical Facilities

Classroom - This college has Twelve Classrooms for all courses, one Examination Hall with 150 capacity and CCTV surveillance facilities.

Laboratory - Six well equipped Laboratories to provide effective learning. Those are

- Advance Nursing Lab
- Community Lab
- Computer Lab (Renovation done on 2020)
- MCH Lab
- Nutrition Lab
- A. V. Aids Lab

Auditorium – A well furnished auditorium of this College provides opportunity to organize different programmes.

Conference Room – We have beautifully decorated Conference room.

Gym - There is the gym facility for our students to enhance the physical as well as psychological wellbeing. Termite treatment is done in college building (6th & 7th floor).

Staffing Status –

Principal, Professor-1, Reader- 1, Senior Lecturer -5, Clinical Instructor-11(one deputed in Karmabandhu), Faculty- 4, UDC-1, LDC-1, Librarian-1, Driver-1, G.D.A.- 3(1 detailed from RGKar, MCH), Security staffs- 3.

Vacancy positions- The post of the 02 Professors, 04 Readers and 04 Senior Lecturers are lying vacant. The post of Warden, Cashier, Stenographer & Computer Operator and LDC-1 are lying vacant.

Different Committees – The functioning committees are

- Purchase Committee
- Anti Ragging Committee
- Curriculum committee
- Student’s Welfare Committee
- Counseling Committee
- Library Committee
- Mess committee

SPECIAL ACHIEVEMENT-

Annual Excellence Award

Our college received the Dr. Padma Samanta Memorial Award, 2019-2020 (Received in 2021), for outstanding performance in the field of voluntary blood donation by mobilizing the highest number of blood donors in a year amongst the nursing institutes.



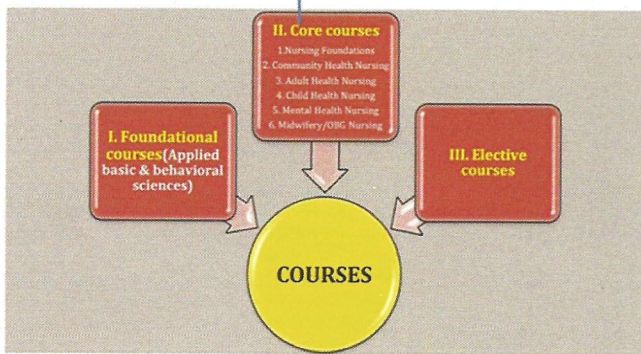
Nursing Programmes: All courses start from the month of October every year
COURSE DURATION ANNUAL INTAKE

COURSE	DURATION	ANNUAL INTAKE
B. Sc. Nursing	4 years	80+08 P.M.S.S.
POST Basic B.Sc. Nursing	2 years	60
M.Sc. Nursing Speciality-	2 years	30
1. Obstetrics & Gynaecological Nursing		
2. Child Health Nursing		
3. Mental Health Nursing		
4. Medical Surgical Nursing		
5. Community Health Nursing		



BSC NURSING PROGRAM-Four years (8 semesters)
CHOICE BASED CREDIT SYSTEM (CBCS) & SEMESTER SYSTEM
COMPETENCY BASED CURRICULUM

TEN CORE COMPETENCIES (Figure1)



I & II Sem	III & IV Sem	V & VI Sem	VII & VIII Sem
I Semester 1. General Science 2. Communicative English 3. Applied Anatomy & Physiology 4. Applied Sociology & Psychology 5. Nursing Foundations I II Semester 6. Applied Biochemistry 7. Applied Nutrition & Dietetics 8. Nursing Foundations II 9. Introduction to Community Health Nursing (Including Health care Policy & Regulation and Environmental science)	III Semester 10. Applied Microbiology, and Infection control including Safety 11. Pharmacology I 12. Pathology I 13. Adult Health (Medical Surgical) Nursing I with integrated pathophysiology 14. Professionalism, Professional values & Ethics including bioethics IV Semester 15. Pharmacology II 16. Pathology II & Genetics 17. Adult Health (Medical Surgical) Nursing II including Geriatrics with integrated pathophysiology 18. Educational Technology/Nursing Education	V Semester 19. Child Health Nursing I 20. Mental Health Nursing I 21. Nursing Management & Leadership 22. Nursing Research and Statistics 23. Health/Nursing Informatics & technology 24. Introduction to Forensic Nursing and Indian Laws VI Semester 25. Child Health Nursing II 26. Mental Health Nursing II 27. Community Health Nursing I including Epidemiology 28. Midwifery /Obstetrics & Gynaecology I	VII Semester 29. Community Health Nursing II 30. Midwifery and /Obstetrics & Gynaecology II VIII Semester 31. Internship (Intensive practice/ Residency posting)

Semester	Course No.	Course Name	Theory (hrs.)	Lab (hrs.)	Clinical (hrs.)	Total (hrs.)
4 Fourth	1	Pharmacology II	40			40
	2	Pathology II and Genetics	20			20
	3	Adult Health Nursing II including Geriatric Nursing with Health Assessment Module	120	40	480	640
	4	Educational Technology/ Nursing education	40	40		80
	5	Self study/Cocurricular	20			20
		TOTAL	220	80	480	800
5 Fifth	1	Child Health Nursing I including FBNC, Essential Newborn Care (ENBC), IMNCI and PLS/PALS, modules	80	40	160	280
	2	Mental Health Nursing I	80		80	160
	3	Nursing Management and Leadership	60		80	140
	4	Nursing Research and Statistics	40		80 (Project)	120
	5	Health/ Nursing Informatics and technology	30	20		50
	6	Introduction to Forensic Nursing and Indian laws	20			20
	7	Self study/Cocurricular	20			20
		TOTAL	310	60	400	790
6 Sixth	1	Child Health Nursing II	20		80	100
	2	Mental Health Nursing II	20		160	180
	3	Community Health Nursing I including Epidemiology and standard treatment protocols	100		160	260
	4	Midwifery /Obstetrics and Gynecology (OBG) Nursing I including SBA module	40	40	160	240
	5	Self study/Cocurricular	20			20
		TOTAL	180	40	560	800

Semester	Course No.	Course Name	Theory (hrs.)	Lab (hrs.)	Clinical (hrs.)	Total (hrs.)
7 Seventh	1	Community Health Nursing II	40		80	120
	2	Midwifery/ Obstetrics and Gynecology (OBG) Nursing II	80	40	560	680
	3	Self study/Cocurricular	20			20
		TOTAL	120	40	640	820
8 Eight (Internship) -22 weeks	1	Community Health Nursing- 4 weeks				
	2	Adult Health Nursing- 6 weeks				
	3	Child Health Nursing- 4 weeks				
	4	Mental Health Nursing- 4 weeks				
	5	Midwifery- 4 weeks				
		TOTAL	22x 88 hrs/week			1056

4. COURSES OF INSTRUCTION

S.No.	SEMESTER	COURSE NO.	COURSES/ SUBJECTS	Theory (hrs.)	Lab (hrs.)	Clinical (hrs.)	Total (hrs.)
1	First	1	General Science * (Reviser Course)	80			80
		2	Communicative English*	40			40
		3	Applied Anatomy and Applied Physiology	100			100
		4	Applied Sociology & Applied Psychology	100			100
		5	Nursing Foundations I	120	80	160	360
		TOTAL	440	80	160	760	
2	Second	1	Applied Biochemistry	20			20
		2	Applied Nutrition and dietetics	40			40
		3	Nursing Foundations II including First Aid Module	120	120	320	560
		4	Introduction to community Health Nursing* (Including Health care Policy & regulation and Environmental Science)	40		80	120
		5	Self study and co curricular	20+20=40			40
		TOTAL	220	120	400	780	
3	Third	1	Applied Microbiology and Infection Control including	40	40		80
		2	Pharmacology I	20			20
		3	Pathology I	20			20
		4	Medical Surgical Nursing I/ Adult Health Nursing I with integrated pathophysiology including BCLS module	120	40	480	640
		5	Professionalism, Professional Values and Ethics including Bioethics	20			20
		6	Self study/Co curricular	20			20
		TOTAL	220	80	480	800	

1 credit theory- 1hour/week/semester
 1credit practical/lab- 2hrs/week/semester
 1credit clinical – 4hrs/week/semester

Total Semesters=8
Total number of credits-160 (Excludes electives)

Total number of hours- 6606 hours
 Theory-1690
 Lab-520
 Clinical-4176
 Self study/cocurricular-220

Electives: 4 (One elective course -1credit (20Hrs))
Total credits=164 (Includes Electives)



Clinical Fields –

- R. G. Kar MCH
- Bandipur Rural Hospital, North-24-Pgs.
- Urban Community of Kripa Nath Dutta Lane, Kolkata
- Chetla Urban Health Centre, Kolkata
- Lumbini Park Mental Hospital, Kolkata
- Calcutta Pavlov Hospital, Kolkata
- Dr. B.C. Roy Postgraduate Institute of Pediatric Sciences
- Sonarpur Rural Hospital
- Antaragram Psychiatric Hospital, Baruipur
- Institute Of Psychiatry, SSKM, Kolkata

Curricular Activities –

Students perform different curricular activities to enrich their knowledge, skill, leadership and managerial efficiency.

Demonstration –

- Nutrition Demonstration
- Clinical Demonstration in different clinical subjects
- Demonstration in different laboratories.

Seminar –

- International webinar on Critical Care Nursing
- Webinar on Child & Adolescents' Mental Health Issues in the context of COVID-19 Pandemic
- Webinar on national non communicable disease course.
- Early recognition and management of critically ill patients.
- Research Methodology

Report Presentation-

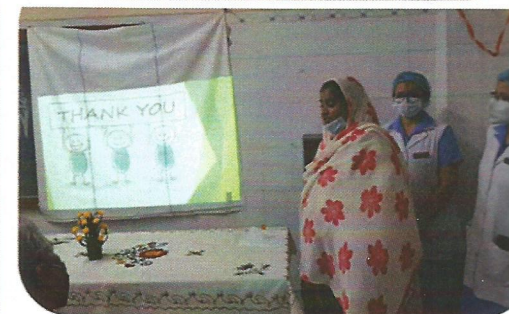
- Urban Community visit report Project-
- Prevention of hypertension
- Awareness on prevention of Corona virus outbreak
- Awareness on Environmental Sanitation
- Awareness on prevention of Diabetes

Workshop –

- Nationwide capacity building of Nursing Professionals for comprehensive management of COVID-19 in children.
- Workshop on Advocation of Theories in the Heart of Nursing Practice.
- Fundamentals of Nursing Research
- Facility based newborn care, an innovative approach: Act with Intention.
- Advanced Neonatal Resuscitation Programme.

Special curriculum-

- Sebamata Prabrajika Scholarship by RG Kar appeal fund (UK)- Two students had conducted Nursing Audit on Stroke.



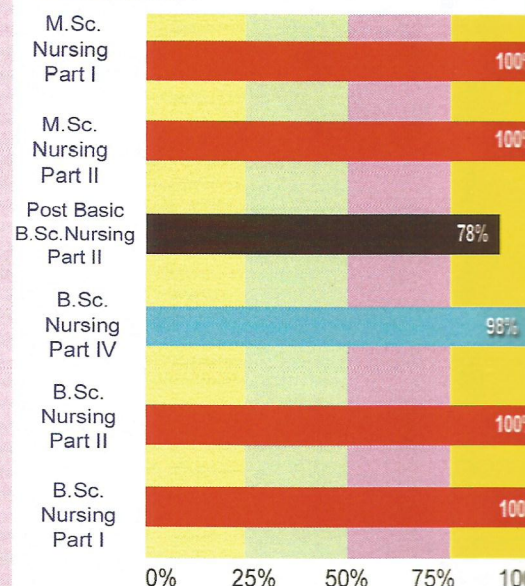
Different Scholarships-

Students of this institution are getting the different Scholarships-

- Merit cum Means Scholarship- 37 students
- Minority Scholarship Under Aikyaashree Prakalpo- 30 students
- Swami Vivekananda Merit cum Means Scholarship- 12 students
- National Scholarship for Minority- 03 students
- Kanyashree Prakalpo- 1 student

Academic Performance –

Results of University Examination Passed in 2021



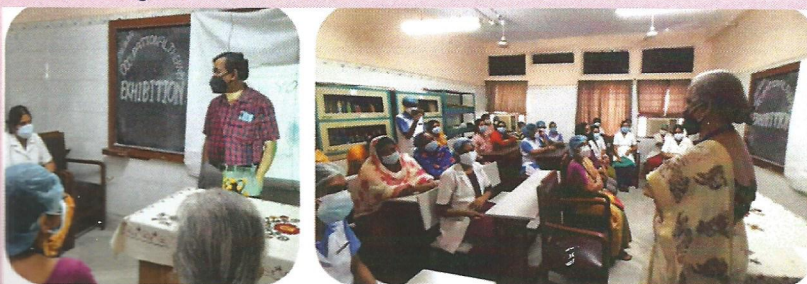
(Other examinations results are still due.

P.B.B.Sc. Part II, 13 students are under review

Co- curricular and Extra- curricular Activities –

In spite of this pandemic situation the students have participated in different extra-curricular activities for effective learning.

- Nurse's Day
- Rabindra Jayanti
- Freshers' Welcome
- World Aids Day
- Teacher's Day
- Saraswati Puja
- Lamp lighting and Prize Distribution Ceremony



Workshops and Trainings attended by Faculties-

During this pandemic situation as online education is continuing, our maximum teachers attended the following online Seminars and workshops-

1. One week online Workshop on time series analysis and biostatistics during July 12-18,2021.
2. One week online International Workshop on biostatistics during November 21-27, 2021 organized by Science-Tech Institute, Lucknow .UP .
3. One week online International Workshop on Advance State data analysis using SPSS during January 21-27, 2022.
4. One week National Workshop on Quantitative data analysis using Jamovi Software during August 14-18,2021.
5. Online Workshop on 'Psychological Safety & Support For Health Care Professionals' dated 27.03.21 by NQOCN
6. National level webinar on 'Teacher Stress' organized by Rabindrik psychotherapy Research Institute Trust dated 16.05.2021.
7. Presented paper at 2nd International Conference on Sustainable environment & Health Care (ICSEH 2021) dated 05.06.2021 & 06.06.2021 .
8. Presented paper at International Inter University virtual conference on 'closing the gap in Nursing Teaching & Practice' dated 23.06.2021 & 24.06.2021 .
9. National level webinar on 'How to Conduct and Effective Literature Review' dated 15.07.2021 .
10. Workshop on 'Research Methodology' dated June 2021 .
11. Presented paper at Two Days International Conference on Environment & Climate Change dated 01.08.2021 .
12. Presented paper at 24th National e-conference 2021 (NRSI) dated 26.22.2021-27.11.2021 .
13. Organized Workshop on Research Methodology dated 26.07.2021-28.07.2021 .
14. National Intellectual Property awareness Mission on January 21,2022 .

COLLEGE OF NURSING, R.G.KAR. MEDICAL COLLEGE & HOSPITAL KOLKATA - 700044
DISSERTATION 2020-2021

Sl. No	Name of the student	Statement	Guide
1.	Bebika Mandal	A study to assess the occurrence and factors of self medication among antenatal women attending outpatient departments in selected hospitals in West Bengal.	Saraswati Barui Professor CON, NRSMCH
2.	Mithu Das	A study to assess the fear, attitude and preference towards supportive birth companion during labour among antenatal women in selected Government hospitals in West Bengal.	Sujata Mitra Reader CON, BMCH
3.	Krishna Basu	A study to assess the knowledge and preventive practices of menopausal osteoporosis among perimenopausal women in a selected rural community in West Bengal.	Toma Dey Senior Lecturer CON, R.G.KMCH
4.	Rajlakshmi Das	A descriptive study to assess cultural belief and practice regarding postnatal care among postnatal women attending immunization clinic in selected Govt. Hospitals, West Bengal.	Kanchan Chandra Acting Principal CON, CNMCH
5.	Gunja Biswas	A study to assess the knowledge and practices regarding prevention of urinary tract infection during pregnancy among third trimester women attending outpatient department in selected hospitals, West Bengal.	Saraswati Barui, Professor CON, NRSMCH
6.	Charmy Dalal	A study to assess the knowledge about risk factors and practices regarding occupational health problems among workers in a jute mill at urban community, Kolkata, West Bengal.	Prity Ghosh, Senior Lecturer CON, RGKArMCH
7.	Sumita Sinha	Effect of prenatal counseling on knowledge regarding low birth weight baby among married women in a selected community.	Prity Ghosh, Senior Lecturer CON, RGKArMCH
8.	Punam Kar	A study to assess knowledge, occurrence and practice on post exposure prophylaxis of needle stick injury among A.N.M in rural community, West Bengal.	Prity Ghosh, Senior Lecturer CON, RGKArMCH
9.	Suparna Bain	A study to assess the knowledge and practice on safety measures by senior citizen at home in rural community, West Bengal.	Pranati Pal, Principal CON, RGKArMCH
10.	Preeti Saikia	A study to assess the effect of Computer Assisted Instruction on Knowledge of Prevention of Urinary Tract Infection in a school going adolescent girls.	Sujata Mitra, Reader CON, BMCH
11.	Kricha Deori KHuttiya	A study to assess practice with therapeutic regimen among patients with hypertension in selected rural community in Assam.	Toma Dey, Senior Lecturer CON, RGKArMCH
12.	Manalisha Ahmed	A study to assess the knowledge and attitude of mothers of under 5 children regarding prevention of child sexual abuse in a selected rural community, Assam	Saraswati Barui, Professor CON, NRSMCH
13.	Sohini Chakraborty	A study on prevalence of neonatal sepsis and associated factors among neonates in SNCU at selected hospital in Kolkata, West Bengal.	Sujata Mitra, Reader CON, BMCH
14.	Tampa Samaddar	A study to assess the level of depression and its related contributing factors among elderly people residing at selected urban and rural community in West Bengal.	Pranati Pal, Principal CON, RGKArMCH
15.	Sucheta Ghosh Chowdhuri	A study to assess the knowledge of school teachers regarding psychological problems of adolescents and teachers' role perception in promotion of mental health of adolescent in selected schools at Kolkata in West Bengal	Kanchan Chandra Acting Principal CON, CNMCH

